



## Self-Assessment

### ASK YOURSELF:

- What are your skills and abilities?
- What are your interests?
- What learning / testing style are you most comfortable with?
  - Do you prefer problem solving over reading?
  - Writing exams over multiple choice?*Many majors have a certain style for learning and test taking*
- What are you looking for in a career?
  - Money? Job Security? Prestige? Creativity?*Many jobs don't require a certain major, but some do*

### TAKE AN ASSESSMENT

Explore the many free assessments available through **Focus 2**  
([career.uci.edu/undergraduate/explore-a-career/career-assessments](http://career.uci.edu/undergraduate/explore-a-career/career-assessments))

## Research Careers

### USE YOUR NETWORK

Such as LinkedIn) to find alumni and community members in various fields and conduct informational interviews. Ask what major they were, if a certain major is required for that field, and what they recommend for a student looking to work in that field someday

### GAIN EXPERIENCE

in that field through an internship, volunteer experience, research project, etc.

## Research Majors

### GO TO

[uci.edu](http://uci.edu) and select "Academics" on the menu bar, and eliminate all majors that do not interest you.

### RESEARCH ALL REMAINING MAJORS

by viewing their department's website and/or speaking with an academic advisor. Make note of:

- Prerequisites
- Minimum GPA to enter major
- Are students in the major on a set track, or can you take classes whenever you want?
- What types of classes will you be able to take?
- What are your career options after graduation?

### IF YOU HAVE NOT CHOSEN A MAJOR YET,

make an appointment with a career counselor to help with the decision making process

## True Fact:

**IT IS BELIEVED THAT UP TO 50% OF STUDENTS CHANGE THEIR MAJOR AT LEAST ONCE.**

**SOME STUDENTS CHANGE THEIR MAJOR TWO OR THREE TIMES.**

Not sure if you should change your major? Try this quiz below taken from fastweb.com.

Give yourself one point for every question you answer YES.

- ☐ Do you get bored in your current major's classes?
- ☐ Are you doing poorly in your current major's classes?
- ☐ Did you choose your major without much thought?
- ☐ Do you keep reading / asking about other majors?
- ☐ Do you keep entertaining the idea of switching majors?

**0 - 1 points:** You're probably fine staying where you are

**2 points:** Think about changing your major and talk with a career counselor about it

**3 - 5 points:** It's probably time to change your major

### MAJOR ≠ CAREER

*Keep in mind that you may pursue many kinds of careers with each major. Skills and experience will also be important factors that impact your career options.*