# Nadia Lashkhi

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#### **EDUCATION**

#### University of California, Irvine

B.S., Public Health Sciences; Minor in Management Relevant Coursework: Clinical Neuroscience, Biological Basis of Mental Disorders, Developmental Psychology, Human Stress

#### Study Abroad, University of Sussex, Brighton, England

#### WORK EXPERIENCE

Karate for All, Tustin, CA

- Pediatric Occupational Therapy Intern
  Teach karate to children with special needs such as Autism, Down Syndrome, and Cerebral Palsy under supervision of an occupational therapist
  - Assist in development of social skills between children through group activities and shadow occupational, physical and speech therapists
  - Act as a karate and social coach to help participants achieve full potential and independence by enhancing skills and abilities needed to be successful in their communities

### Girls Incorporated of Orange County, Costa Mesa, CA

#### Literacy Program Intern

- Served as a role model for kindergarten and first grade girls by helping enhance reading skills and confidence while building positive and nurturing relationships
- Prepared, facilitated, and evaluated curriculum
- Provide overall supervision and safety while helping staff in activities and programs

#### University of California, Irvine Division of Career Pathways

#### Director of the UCDC Program

- Oversaw and mentored a group of 50 students and prepared them professionally to intern in Washington, D.C.
- Generated and researched weekly internship leads to send to students as well as spearhead weekly meetings with PowerPoint presentations regarding interview tips, networking, and other methods of professional development
- Guided students in internship search, reached out to companies to hire UCI students, ensured students were confident throughout interview and hiring process

#### Mentor Up Today, Washington D.C.

#### Community Impact Intern

- Spearheaded nine recruitment events to recruit community members as mentors and donors, while providing 15 volunteers referrals to partner programs
- Developed marketing materials, newsletters, blog proposals, created a social media calendar for annual gala

#### LEADERSHIP EXPERIENCE

## Alpha Phi Sorority, Irvine, CA

Director of Philanthropy

- Spearhead all philanthropic events to raise money for the American Heart Association and Alpha Phi Foundation
- Oversee Red Dress Gala Event, including securing donations and sponsors, decorating donation baskets, and overseeing event planning to raise over \$65,000 for charity
- Organized a week-long philanthropy event, successfully raising over \$11,000 by designing t-shirts for events

#### SKILLS

- Microsoft Word, PowerPoint, Excel, Outlook, Survey Monkey, Canva, MailChimp
- Conversational Spanish

September 20XX – June 20XX

June 20XX- August 20XX

October 20XX- Present

March 20XX- June 20XX

April 20XX- Present

June 20XX

Summer 20XX