



## Application Timeline & Checklist

### FRESHMAN AND SOPHOMORE YEARS

- ☐ Visit the Division of Career Pathways to explore health-related resources
- ☐ Complete your requirements in:
  - ☐ Chemistry
  - ☐ Biology
  - ☐ Physics
  - ☐ Organic Chemistry
- ☐ Join a health-related club on campus
- ☐ Begin volunteer work to gain experience
- ☐ Seek out professors to find research experience
- ☐ Get involved in community service
- ☐ Keep your career options open

### FOR ALL FOUR YEARS

- ☐ Every spring quarter, attend DCP's **Health Professions Series** events ([career.uci.edu/health-professions-week](http://career.uci.edu/health-professions-week)) including the **Health Professions and Graduate School Fair** ([career.uci.edu/undergraduate/find-a-job/career-fairs](http://career.uci.edu/undergraduate/find-a-job/career-fairs))
- ☐ To plan for specific allied health fields, visit our **Pre-Health Students** webpage ([career.uci.edu/undergraduate/apply-for-grad-school/pre-health](http://career.uci.edu/undergraduate/apply-for-grad-school/pre-health))

### JUNIOR YEAR

- ☐ Complete your health profession admission requirements by the end of spring quarter
- ☐ Attend a "Letter of Recommendation Workshop" through the School of Biological Sciences
- ☐ Prepare and take the health school admissions test (e.g. DAT, MCAT, OAT, PCAT, or GRE) that is required by the school you are applying to
- ☐ Contact professors to write individual letters of recommendation
- ☐ Begin your application and create a rough draft of your personal statement by May
- ☐ At the end of spring quarter, send your official transcript to the application service or schools (upon request)

### SUMMER BEFORE SENIOR YEAR

- ☐ Submit health school applications early – do not wait until the end of the summer
- ☐ Take the DAT / MCAT / OAT / PCAT / GRE if not already completed

### SENIOR YEAR – FALL QUARTER

- ☐ Secondary packets are sent to potential candidates, with request for letters of recommendation
- ☐ Check and make sure applications are complete and letters have been received
- ☐ Invitations for interviews are offered (September – April)
  - ☐ Practice by participating in 1:1 practice interviews at the Division of Career Pathways
- ☐ Complete forms for financial aid
- ☐ Send updated transcripts if requested by schools

### SENIOR YEAR – FALL QUARTER

- ☐ Finish all outstanding application requests by schools (interviews, financial aid, transcripts)
- ☐ Send thank you notes to evaluators and mentors
- ☐ If you have decided to wait another year to apply, consider enhancements to be a more competitive (raise your GPA, retake the MCAT, gain more experience, do more research, etc.)
- ☐ Consider alternative career options and learn the job search process (if not accepted)

*Keep in mind, this is a suggested timeline – your individual deadlines may vary depending on the schools you apply to.*

