Applying to Grad School for Health Professions

Application Timeline & Checklist

FRESHMAN AND SOPHOMORE YEARS
☐ Visit the Division of Career Pathways to explore health-related resources
☐ Complete your requirements in:
  ☐ Chemistry
  ☐ Biology
  ☐ Physics
  ☐ Organic Chemistry
☐ Join a health-related club on campus
☐ Begin volunteer work to gain experience
☐ Seek out professors to find research experience
☐ Get involved in community service
☐ Keep your career options open

JUNIOR YEAR
☐ Complete your health profession admission requirements by the end of spring quarter
☐ Attend a “Letter of Recommendation Workshop” through the School of Biological Sciences
☐ Prepare and take the health school admissions test (e.g. DAT, MCAT, OAT, PCAT, or GRE) that is required by the school you are applying to
☐ Contact professors to write individual letters of recommendation
☐ Begin your application and create a rough draft of your personal statement by May
☐ At the end of spring quarter, send your official transcript to the application service or schools (upon request)

SUMMER BEFORE SENIOR YEAR
☐ Submit health school applications early – do not wait until the end of the summer
☐ Take the DAT / MCAT / OAT / PCAT / GRE if not already completed

SENIOR YEAR – FALL QUARTER
☐ Secondary packets are sent to potential candidates, with request for letters of recommendation
☐ Check and make sure applications are complete and letters have been received
☐ Invitations for interviews are offered (September – April)
  ☐ Practice by participating in 1:1 practice interviews at the Division of Career Pathways
☐ Complete forms for financial aid
☐ Send updated transcripts if requested by schools

SENIOR YEAR – FALL QUARTER
☐ Finish all outstanding application requests by schools (interviews, financial aid, transcripts)
☐ Send thank you notes to evaluators and mentors
☐ If you have decided to wait another year to apply, consider enhancements to be a more competitive (raise your GPA, retake the MCAT, gain more experience, do more research, etc.)
☐ Consider alternative career options and learn the job search process (if not accepted)

Keep in mind, this is a suggested timeline – your individual deadlines may vary depending on the schools you apply to.