



Self-Assessment

ASK YOURSELF:

- What are your skills and abilities?
- What are your interests?
- What learning / testing style are you most comfortable with?
 - Do you prefer problem solving over reading?
 - Writing exams over multiple choice?
Many majors have a certain style for learning and test taking
- What are you looking for in a career?
 - Money? Job Security? Prestige? Creativity?
Many jobs don't require a certain major, but some do

TAKE AN ASSESSMENT

Explore the many free assessments available through **Focus 2**
(career.uci.edu/undergraduate/explore-a-career/career-assessments)

Research Careers

USE YOUR NETWORK

(including LinkedIn and the Anteater Network) to find alumni and community members in various fields and conduct informational interviews. Ask what major they were, if a certain major is required for that field, and what they recommend for a student looking to work in that field someday

GAIN EXPERIENCE

in that field through an internship, volunteer experience, research project, etc.

Research Majors

GO TO

uci.edu and select "Academics" on the menu bar, and eliminate all majors that do not interest you.

RESEARCH ALL REMAINING MAJORS

by viewing their department's website and/or speaking with an academic advisor. Make note of:

- Prerequisites
- Minimum GPA to enter major
- Are students in the major on a set track, or can you take classes whenever you want?
- What types of classes will you be able to take?
- What are your career options after graduation?

IF YOU HAVE NOT CHOSEN A MAJOR YET,

make an appointment with a career counselor to help with the decision making process

True Fact

IT IS BELIEVED THAT UP TO 50% OF STUDENTS CHANGE THEIR MAJOR AT LEAST ONCE.

SOME STUDENTS CHANGE THEIR MAJOR TWO OR THREE TIMES.

Not sure if you should change your major? Try this test below taken from fastweb.com.

Give yourself one point for every question you answer YES.

- Do you get bored in your current major's classes?
- Are you doing poorly in your current major's classes?
- Did you choose your major without much thought?
- Do you keep reading / asking about other majors?
- Do you keep entertaining the idea of switching majors?

0 - 1 points: You're probably fine staying where you are

2 points: Think about changing your major and talk with a career counselor about it

3 - 5 points: It's probably time to change your major

MAJOR ≠ CAREER

Keep in mind that you may pursue many kinds of careers with each major. Skills and experience will also be important factors that impact your career options.